



### HEALTHY COOKING

Come learn how to prepare a healthy meal, then enjoy it with your cooking friends.

**Saturdays, June 24<sup>th</sup>, July 15<sup>th</sup> & August 12<sup>th</sup>**  
**12:00-1:30pm @ BA Arc, \$5.00 fee**

### THEATRE CLUB

Join BA Arc at the East Bridgewater Cinema or other local theaters for a movie.

**Fridays, June 30<sup>th</sup>, July 21<sup>st</sup> & August 11<sup>th</sup>**

## Terrific Tuesdays

Join us at the Brockton Area Arc for some summer fun. A few Tuesday nights in July BA Arc will host a variety of summer themed parties for teens and young adults with special needs.

**Tuesdays, July 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>**  
**6:30-8:30pm @ BA Arc, \$5.00 fee**

## COMMUNITY CRUISERS

A new summer program for adults. Turn FriDAY's into FriYAY's and join us for a fun filled night out. Field trips will be from 5:00pm until 8:00pm. Field trips will consist of going out for a meal followed by a social recreation activity. Limited space available, first come first serve.

**Fridays, June 2<sup>nd</sup>, July 14<sup>th</sup>**  
**& August 18<sup>th</sup>**

Pre-registration is required for all activities.

Please e-mail Christina Grande at [recreation@brocktonarc.net](mailto:recreation@brocktonarc.net) or call 508-583-8030 X209.

Events may be cancelled if there is low enrollment or inclement weather.



## Adult Zumba Class!

A fun filled hour of music, dance, and upbeat exercise. Join Karen Gouthro at the Brockton Area Arc for a summer session of Zumba.

**Saturdays, May 20<sup>th</sup>, 27<sup>th</sup>, June 3<sup>rd</sup> & 10<sup>th</sup>**  
**11:00am -12:00, \$40.00 fee for program**